

Planning Your Day

VOCS Parent Conference - Angela Young and Karen Stewart
2020-2021

***“A Goal Without a Plan
is Just a Wish”***

Antoine de Saint-Exupery

Things to Consider as You Plan and Execute Your Day

1. *What is the goal of the day, week, month, or year?*

- ❖ Academics - master multiplication, reading, writing, etc.
- ❖ Social skills - make new friends, try a new activity
- ❖ Independent learner vs. distracted learner - give opportunities for success. **Do not set them up for failure!**
- ❖ Rock the IEP - set goals that work.
- ❖ Build relationships with your children - **Be Intentional!**

Things to Consider as You Plan and Execute Your Day

2. *What are your strengths? What are your student's strengths?*

- ❖ Independent worker - set simple goals and let them shine.
- ❖ Distracted learner - may need more direction, constant reinforcement, and may need you to stay in the same room or next to them during learning. I promise it will not be forever! **This is not a weakness...it is just a personality difference!**
- ❖ **Motivate your learner with ice cream tickets, \$ store money, LEGO or Barbie jar.**

Things to Consider as You Plan and Execute Your Day

3. *What are your weaknesses? What are your student's weaknesses?*

- ❖ FYI - you have weaknesses and if you don't identify them your child will!
- ❖ Lose time on social media, cleaning, phone calls, notifications - SHUT THEM OFF!
- ❖ Does your child lack confidence to work independently - create opportunities for independent activities and give positive reinforcement.
- ❖ Does your child ditch you to play - set up a specific place to work to help keep track of everyone.
- ❖ Do you have an ADD or ADHD kiddo that may need headphones, bouncy ball, or regular breaks for physical activity?
- ❖ **REMEMBER you have a full time job! Understand you are at work!**

Things to Consider as You Plan and Execute Your Day

4. *Are you a night owl or rooster? What about your student?*

- ❖ You need to school when your child will be at their best.
- ❖ Most of society functions during the day (your children are not working a swing shift), but maybe pick a subject like reading, history, or science that will work great at night.
- ❖ **Do not fall into the trap of doing it later**, especially if you or your child is a rooster. It will get pushed back to the next day, and you will always feel behind!

Things to Consider as You Plan and Execute Your Day

5. *What do you need to function and concentrate? What about your student?*

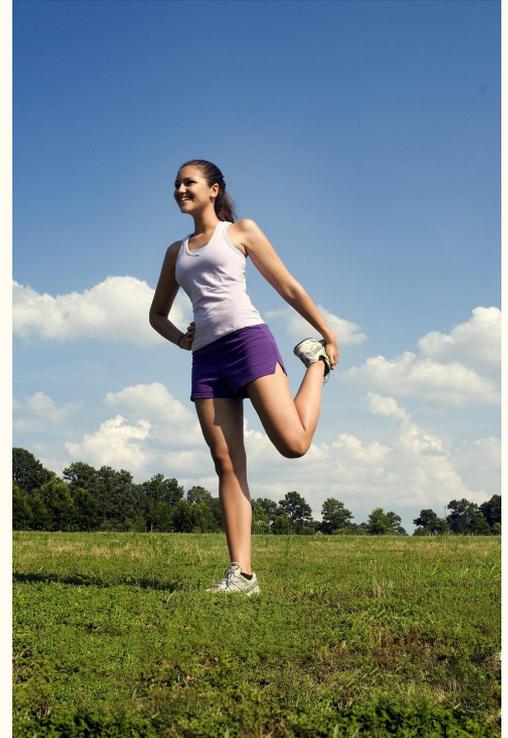
- ❖ Do you need a clean house, an organized workspace, the TV or phone shut off, or music playing in the background, etc?
- ❖ Plan to do a couple chores first - make the bed, brush teeth, get dressed, take care of a pet, scrub the toilet, put dinner in the slow cooker, start laundry, etc. **These simple tasks will make you feel productive and help motivate you for the rest of the day.**
- ❖ OR plan to get organized in the evening to get a jump start on your school day.
- ❖ **Find out what works best for you and your family and do that!**

Things to Consider as You Plan and Execute Your Day

6. *How do you stay on task? What about your student?*

- ❖ Set times to begin and end assignments.
- ❖ Set time limits on assignments and come back to finish at the end of the day.
- ❖ Plan assignments in order: Math, Writing, Language Arts in the morning to help your student perform at their best or allow them to jump around a bit. **Some students do better if they can knock off the easier assignments first.**
- ❖ Schedule time for cleaning, cooking or regrouping. It will be needed!
- ❖ **Work with your child to find a plan that works, but do not let your child make the final decision for what is best for them. They will choose YouTube and Video Games all day long!**

Surprise....it's time to wake up!



Lesson Planning Your Day

1. We all get overwhelmed when we don't know what needs to be completed, or where to begin, or where to find the supplies, or how long it will take.

- ❖ Lesson plans are important for you and your child.
- ❖ Plan a week, month, or even a year at a time.
- ❖ Calendar all events and extracurricular activities for the month.
- ❖ There are a variety of planners to choose from - **just find one you will use!**
- ❖ For younger students, put work in a binder or in a folder clearly labeled for each day.
- ❖ For older students, give them a copy of the lesson plan to follow independently.
- ❖ Use a shelf, box, or bin to separate textbooks/workbooks for different students. **They need to know where to find...and return...their items.**

Lesson Planning Your Day

2. *Pretty and busy? Or plain and simple?*

- ❖ Do pretty things motivate you or do you like to create, but not execute?
- ❖ Do not just plan for pretty, but plan for practical. **Sometimes we exhaust ourselves with the prep and then have no desire or energy for the execution.**

Lesson Planning Your Day

3. *Detail or just the facts?*

- ❖ Adding tons of detail may overwhelm your student and cause them to feel defeated before they even start.
- ❖ Check with your student regarding how much detail they may need for an assignment.
- ❖ One student may want bullet points while another needs a paragraph. **This could vary based on the subject.**

Lesson Planning Your Day

4. *What motivates you? What motivates your child?*

- ❖ We all need a bit of motivation!
- ❖ Grade assignments daily to give feedback and fix errors. This is a great motivational tool. FYI - some assignments do not need a grade, but still need acknowledgment of a job well done!
- ❖ Find something fun, in your budget, and doable for your family.
- ❖ *Motivate your child with ice cream tickets, \$ store money, penny jar, or LEGO/Barbie jar.*

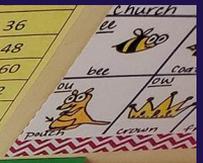
Reporting To Your Resource Teacher

1. What is the best reporting method that does not make you feel overwhelmed when getting ready for a meeting - ask your Resource Teacher.

- ❖ Do they like lesson plans?
- ❖ Do they want all work samples or just a couple?
- ❖ Make a reporting form that lists curriculum and update it each reporting period instead of starting from scratch.
- ❖ Keep completed work in a turn-in box, binder, folder, or drawer. Clip together daily, weekly, or at reporting time.
- ❖ With distance learning RT Meetings, use a camera app/scanner to get the best photo of your student's work to email to your RT. This will save time on having to resubmit.



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8	8	16	24	32	40	48	56	64	72	80	88	96	104	112	120	128	136	144	152	160	168	176	184	192	200	208	216	224	232	240	248	256	264	272	280	288	296	304	312	320	328	336	344	352	360	368	376	384	392	400	408	416	424	432	440	448	456	464	472	480	488	496	504	512	520	528	536	544	552	560	568	576	584	592	600	608	616	624	632	640	648	656	664	672	680	688	696	704	712	720	728	736	744	752	760	768	776	784	792	800	808	816	824	832	840	848	856	864	872	880	888	896	904	912	920	928	936	944	952	960	968	976	984	992	1000																		
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REPORTING PERIOD 1
JOHN OWEN

REPORTING PERIOD 2
JOHN OWEN

REPORTING PERIOD 3
JOHN OWEN

REPORTING PERIOD 4
JOHN OWEN

REPORTING PERIOD 5
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REPORTING PERIOD 6
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REPORTING PERIOD 7
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REPORTING PERIOD 8
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REPORTING PERIOD 9
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REPORTING PERIOD 10
JOHN OWEN



Rori Basta, Grade 7

	A	B	C	D	E	F	G	H	I	J
1			Week 1	Week 2		Week 3		Week 4		
2	Reporting Period 1 2020/2021		August 11	August 17		August 24		August 31		
6										
7	WRITING/GRAMMAR		Wednesday	Monday, Wednesday		Monday, Wednesday		Monday, Wednesday		
8	Writing Academy 1		1:15 Writing Academy 1	1:15 Writing Academy 1		1:15 Writing Academy 1		1:15 Writing Academy 1		
9										
10										
11	LITERATURE									
12	ESSENTIALS IN LITERATURE 7		FICTION: INTRODUCTION	SEVENTH GRADE		SEVENTH GRADE		THANK YOU MA'AM		
13			Day 1 Introduction	Day 1 Meet the Author, Research Activity		Independent Practice (Workbook)		Day 5 Analyzing Figurative Language, Extended Activities		
14			Day 2 Characters	Day 2 Analyzing Literature: Setting		Independent Practice Connection Reflection		Independent Practice (Workbook)		
15			Day 3 Conflict and Plot	Day 2 Vocabulary		THANK YOU MA'AM		Independent Practice Connection Reflection		
16			Day 4 Setting and Theme	Day 3 Access the Backdrop, Making Life's Connections, Reading Focus: Identify Sequence		Day 1 Meet the Author, Research Activity		THE WHITE UMBRELLA		
17				Day 4 Analyzing Literary Elements		Day 2 Analyzing Literature: Plot		Day 1 Meet the Author, Research Activity		
18				Day 4 Check Comprehension		Day 2 Vocabulary		Day 2 Analyzing Literature: Conflict		
19				Day 4 Connection Reflection		Day 3 Access the Backdrop, Making Life's Connections, Reading Focus: Making Connections		Day 2 Vocabulary		
20				Day 5 Analyzing Figurative Language: Metaphor, Extended Activities		Day 4 Analyzing Literary Elements		Day 3 Access the Backdrop, Making Life's Connections, Reading Focus: Making Inferences		
21						Day 4 Check Comprehension				
22						Day 4 Connection Reflection				
23										
24										
25	SPELLING		Spelling List 39	Spelling List 40		Spelling List 41		Spelling List 42		
26	SPELLING PLUS		Daily:	Daily:		Daily:		Daily:		
27	SPELLING CITY		Spell and read	Spell and read		Spell and read		Spell and read		
28	SPELLING JOURNAL		Write, spell and read	Write, spell and read		Write, spell and read		Write, spell and read		



	A	B	C	D	E	F	G	H	I	J
1			Week 1	Week 2		Week 3		Week 4		
2	Reporting Period 1 2020/2021		August 11	August 17		August 24		August 31		
3	MATH		Lesson 1	Lesson 5		Lesson 9		Lesson 13		
4	TEACHING TEXTBOOKS 4		Lesson 2	Lesson 6		Lesson 10		Lesson 14		
5			Lesson 3	Lesson 7		Lesson 11		Lesson 15		
6			Lesson 4	Lesson 8		Lesson 12		Lesson 16		
7				Quiz 1				Quiz 2		
8	WRITING/GRAMMAR									
9	ESSENTIALS IN WRITING LEVEL 2		LESSON 1 INTRODUCTION TO WRITING		LESSON 3 SENTENCE SUBJECTS		LESSON 4 SENTENCE PREDICATES		LESSON 5 COMPLETE SENTENCES	
10	ALL CAPS LESSONS are video lessons		L1D1 Introduction to Writing		L3D1 Sentence Subjects		L4D1 Sentence Predicates		L5D1 Complete Sentences	
11			LESSON 2 SPACING AND CAPITALIZATION		L3D2 Sentence Subjects		L4D2 Sentence Predicates		L5D2 Complete Sentences	
12			L2D1 Spacing and Capitalization		L3D3 Sentence Subjects		L4D3 Sentence Predicates		LESSON 6 INCOMPLETE SENTENCES	
13			L2D2 Spacing and Capitalization		L3D4 Sentence Subjects		L4D4 Sentence Predicates		L6D1 Incomplete Sentences	
14			L2D3 Spacing and Capitalization		L3D5 Sentence Subjects		L4D5 Sentence Predicates		L6D2 Incomplete Sentences	
15			Assessment 1				Assessment 2		L6D3 Incomplete Sentences	
16	READING									
17	ALL ABOUT READING LEVEL 3		Lesson 1	Lesson 2		Lesson 4		Lesson 5		
18				Lesson 3				Lesson 6		
19	SPELLING									
20	SPELLING WORD LIST PRACTICE		Week 1	Week 2		Week 3		Week 4		
21	SPELLING CITY									
22	SPELLING JOURNAL									
23										
24	SCIENCE									
25	BOTANY		Lesson 1 Why Botany Matters						Lesson 2 Seeds	
26	NJ = Nature Journal		Read Text p 14-16, narrate		Read Text p 21-25, narrate		Read Text p 27, 28, narrate		Read Text p 32-34, narrate	
27			Botany Coloring Page NJ p 26		add to Fascinating Facts About Botany NJ p 27		Answer What Do You Remember? questions NJ p 36		Seeds Coloring Page NJ p 50	
28			Fascinating Facts About Botany NJ p 27		Activity 1.4 Observe Leaf Veins NJ p 31		Activity 1.7 Grouping Plants NJ p 34		Activity 2.1 Design a Seed NJ p 52	

Week of _____

	Monday	Tuesday
Subject: _____ Period: _____ Time: _____	_____ _____ _____	_____ _____ _____
Subject: _____ Period: _____ Time: _____	_____ _____ _____	_____ _____ _____
Subject: _____ Period: _____ Time: _____	_____ _____ _____	_____ _____ _____
Subject: _____ Period: _____ Time: _____	_____ _____ _____	_____ _____ _____
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Subject: _____ Period: _____ Time: _____	_____ _____ _____	_____ _____ _____
Subject: _____ Period: _____ Time: _____	_____ _____ _____	_____ _____ _____

Week of _____

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY



Tips for Success:

- Lesson plan your day ahead of time!
- Keep all your school items in one place. This will cut down on the “roaming” time.
- Have a specific turn-in location for completed work for parent review and grading.
- Set time limits for your student to help them stay on task.
- Choose a starting time for your school day...and start!
- Include errands and appointments in your lesson plans, and plan accordingly with independent work.
- Keep a binder with passcodes, answer keys, and important information you will need to access regularly. This will keep you from becoming frustrated and/or from “roaming” too.
- Meal plan and maybe cook a few extra meals ahead of time. Count cereal or pancakes as a dinner option too!
- Put your phone on silent - that includes notifications.
- Have set break times to check messages. Limit returning calls. Even a “quick” call may take an hour.

Tips for Success:

- Pick a room a day to clean or plan for a set cleaning day.
- Schedule time in your day for chores, meal prep, etc.
- Plan for down time. It is good for kids to be a bit bored.
- You will be the most successful if you plan what works for you and your child/children.
- Plan for parent driven assignments when you will be least distracted.
- **Be flexible, but don't use flexibility as an excuse to lose focus of the goal.**
- Find field trips, co-ops, vendors, or clubs to enjoy, but do not overload your day/week. Know what you and your student can handle, and what is profitable for them. You may be a super woman, but don't expect yourself to be Superwoman!
- Don't compare yourself, your plan, your activities, or your kids to someone else. **Your goal should always be, "What can I do to help my child succeed?"**
- Enjoy your children and this amazing journey of homeschool. It will be over before you know it, and you don't get a do over!

Home schooling is rough!

But each day gives you an opportunity to pour into your child in a way that no one else can.

Know your goals, set your goals, plan to meet those goals, and then execute those goals.

That is how you plan for a successful day!

Thank you for attending.

Have a great
2020 - 2021
school year!